

Section: Division of Nursing

* **PROCEDURE** *

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Issue Date: July 16, 1990

Revised Date: January 2010

Approval: _____

HACKETTSTOWN REGIONAL MEDICAL CENTER

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NEWBORN SERVICES
(Scope)

TITLE: NEONATAL CARDIAC-APNEA MONITOR

PURPOSE: To outline the procedure to monitor the neonate's heart rate and/or respirations.

EQUIPMENT: 1. Monitor
2. Leads

CONTENT: PROCEDURE STEPS:

1. Place electrodes on infant's chest.
2. Place electrodes into connector.
3. Turn monitor switch on.
4. Reset limits, if necessary.
5. Monitor baby per physician's orders.
6. Document in Cerner under Ongoing Assessment Newborn.
7. Properly charge for equipment and procedure.

KEY POINTS:

Match colors. Red area lead to red; white area lead to white; black area lead to black.

Wait 5-10 seconds for bells and chimes and screen lights to come on.

Monitor has preset limits in all areas (see below).

Displays on Monitor: 1. The monitor has preset limits in all areas.

a. ECG lead is set on lead "2."

"2" is the major lead for monitoring. "1" and "3" do not trace as well.

b. Filter is "on."

This takes the artifact out of tracing. Should always be on.

c. HR preset limits: 80-180.

To change HR limits, press ECG button. Display appears on right side of screen. Press button beside display to increase (up arrow) or decrease (down arrow) as desired. Press ECG button to return to regular monitoring mode.

d. Respiration rate preset: 30-80 with 20-second apnea period.

To change limits, press RESP button. Display appears. Press button on side that corresponds with up arrow or down arrow to change rate. Press RESP button to return to regular monitoring mode.

- e. Short-term trends: the machine has been preset for 2 minutes.

Preset 2-minute trend may be gotten by pressing fourth button down one time. Graph shows what the status has been for last 2 minutes. Press the button 3 times to return to normal tracing.
 - f. Long-term trends: the machine is preset for 1 hour.

Push fourth button down twice and graph appears. Shows status of infant for last hour. Press same button 2 more times to return to normal tracing.
2. Memory bank key (trend capability)
- To place a picture or tracing in memory, push the "stop" button. The picture is now in memory. Push the "stop" button again to restart the monitor. The next time a tracing is added to the memory bank, the previous tracing is lost.